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université
de BORDEAUX

Diagnostic de la résistance aux polymyxines

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Unité de Microbiologie Médicale et Moléculaire & INSERM LEA « Emerging
Resistance to Antibiotics », Université de Fribourg, Suisse

Introduction

- ❑ Increase use of colistin
- ❑ No optimal method for polymyxin susceptibility testing
- ❑ Difficulties in testing the susceptibility to colistin :
 - ❑ Poor diffusion of the colistin into the agar
 - ❑ Cationic properties of the colistin
 - ❑ Occurrence of heteroresistance to colistin in many species
 - ❑ Lack of an easy and reliable reference method

- ❑ Dilution methods
 - ❑ Broth microdilution method
 - ❑ Agar dilution method
- ❑ Routine test susceptibility methods
 - ❑ Non automatic systems
 - Disk diffusion test
 - E-test strips
 - UMIC system (Biocentric)
 - ❑ Automatic systems
 - Vitek-2 system (bioMérieux)
 - Phoenix system (Becton Dickinson)
 - MicroScan Walk away (Beckman Coulter)
 - TREK Sensititre (TREK Diagnostic)
- ❑ Qualitative detection techniques
 - ❑ Rapid Polymyxin NP test
 - ❑ SuperPolymyxin medium

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Broth microdilution method

Only method recommended by EUCAST and CLSI for colistin antimicrobial susceptibility testing.

Recommendations for MIC determination of colistin

As recommended by the joint CLSI-EUCAST Polymyxin Breakpoints Working Group

Reference testing of Gram negative rods is the **broth microdilution method**.

- Cation-adjusted Mueller-Hinton Broth
- No polysorbate-80
- Trays made of plain polystyrene and not treated
- Sulphate salts of polymyxins (the methanesulfonate derivative of colistin must not be used)

Published on www.eucast.org 22 March 2016

Broth microdilution method (2)

- ❑ Laborious and manual preparation of colistin solutions
→ risk of errors
- ❑ Non-reproducible and non-interpretable MIC results due to presence of skip wells → heteroresistance

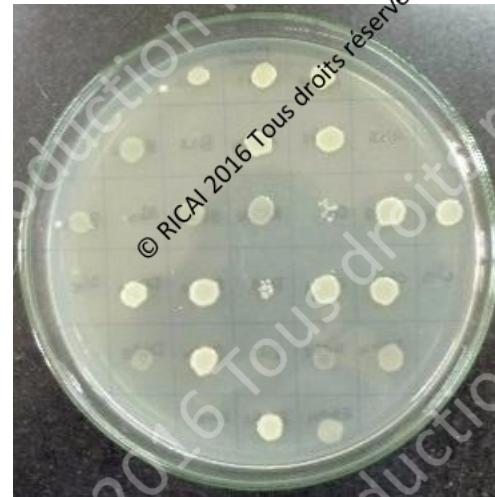
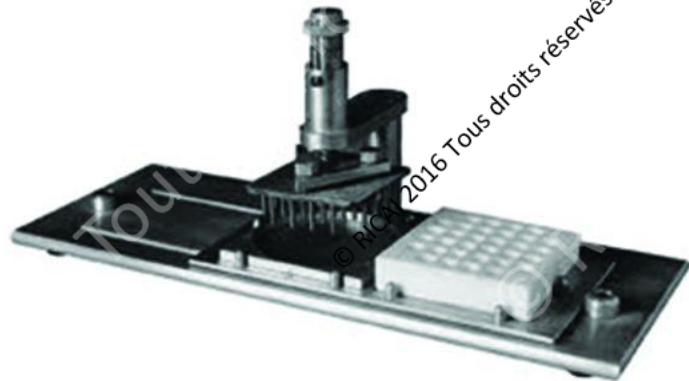


Irreproducible and Uninterpretable Polymyxin B MICs for *Enterobacter cloacae* and *Enterobacter aerogenes*

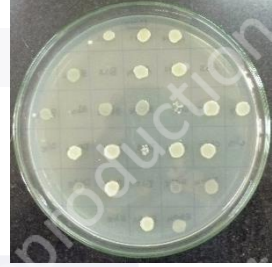
David Landman, Julius Salamera,* John Quale

Agar dilution method

- ❑ Avoid the adsorption of the colistin to the plates ?
- ❑ Strong correlation between agar dilution and BMD
- ❑ Exception for *Pseudomonas aeruginosa* and *Stenotrophomonas maltophilia* from cystic fibrosis patients



Agar dilution method (2)



Journal of Antimicrobial Chemotherapy (2004) **54**, 1057–1061
DOI: 10.1093/jac/dkh470
Advance Access publication 27 October 2004

JAC

Pitfalls of polymyxin antimicrobial susceptibility testing of *Pseudomonas aeruginosa* isolated from cystic fibrosis patients

Michael Hogardt*, Sabine Schmoldt, Monika Götzfried, Kristin Adler and Jürgen Heesemann

➔ Better performance of the BMD after prolonged incubation (48h)

Colistin susceptibility testing: evaluation of reliability for cystic fibrosis isolates of *Pseudomonas aeruginosa* and *Stenotrophomonas maltophilia*

Samuel M. Moskowitz^{1*}, Elizabeth Garber², Yunhua Chen², Sarah A. Clock², Setareh Tabibi², Amanda K. Miller^{1†}, Michael Doctor² and Lisa Saiman²

J Antimicrob Chemother 2010; **65**: 1416–1423
doi:10.1093/jac/dkq131 Advance Access publication 29 April 2010

➔ Discrepancies between the 2 methods but who is right ?

❑ Dilution methods

- ❑ Broth microdilution method
- ❑ Agar dilution method

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Disk diffusion test

- ❑ Easy, cheap, and does not require specific equipment
- ❑ Very high and unacceptable rate of false susceptibility (up to 35%) compared with BMD

ANTIMICROBIAL AGENTS AND CHEMOTHERAPY, Oct. 2007, p. 3726–3730
0066-4804/07/\$08.00+0 doi:10.1128/AAC.01406-06
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Vol. 51, No. 10

Comparative Evaluation of the VITEK 2, Disk Diffusion, Etest, Broth Microdilution, and Agar Dilution Susceptibility Testing Methods for Colistin in Clinical Isolates, Including Heteroresistant *Enterobacter cloacae* and *Acinetobacter baumannii* Strains[▽]

Jerome R. Lo-Ten-Foe,¹ Anne Marie G. A. de Smet,² Bram M. W. Diederens,^{1†}
Jan A. J. W. Kluytmans,^{1,3} and Peter H. J. van Keulen^{1*}

ORIGINAL ARTICLE

Comparison of disc diffusion, Etest and agar dilution for susceptibility testing of colistin against *Enterobacteriaceae*

S.M. Maalej, M.R. Meziou, F.M. Rhimi and A. Hammami

Letters in Applied Microbiology ISSN 0266-8254

E-test strips

- ❑ High rates of false susceptibility (up to 32%) compared to dilution methods
- ❑ Failures to detect resistance even when isolates exhibit high MICs with dilution methods
- ❑ Underestimates the level of resistance of polymyxin-resistant strains ($\text{MIC} \geq 4 \mu\text{g/ml}$)



Colistin MIC Variability by Method for Contemporary Clinical Isolates of Multidrug-Resistant Gram-Negative Bacilli

Janet A. Hindler, Romney M. Humphries



Recommendations for MIC determination of colistin

As recommended by the joint CLSI-EUCAST Polymyxin Breakpoints Working Group

1. Reference testing of Gram negative rods is the **broth microdilution method**.
2. Susceptibility testing by other methods, including **agar dilution, disk diffusion and gradient diffusion, cannot be recommended** until historical data have been reviewed or new study data have been generated.

Published on www.eucast.org 22 March 2016

UMIC system (Biocentric)

- ❑ Broth microdilution method
- ❑ 11 colistin dilutions
- ❑ Optical or automatic reading after 18 to 24 hours of incubation



- ❑ No paper on the performances of this method

❑ Dilution methods

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Vitek-2 system (bioMérieux)

- ❑ Sensitivity = 82 % for detection of colistin-resistant Gram-negative isolates
- ❑ Not reliable to detect heteroresistant subpopulations

Comparison of Etest, Vitek and agar dilution for susceptibility testing of colistin

T. Y. Tan and S. Y. Ng

Clin Microbiol Infect 2007; 13: 541–544
10.1111/j.1469-0691.2007.01708.x

ANTIMICROBIAL AGENTS AND CHEMOTHERAPY, Oct. 2007, p. 3726–3730
0066-4804/07/\$08.00+0. DOI:10.1128/AAC.01406-06
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Jan A. J. W. Kluytmans,^{1,3} and Peter H. J. van Keulen^{1*}

Phoenix system (Becton Dickinson)



- ❑ Evaluation of this system :
 - ❑ 100 enterobacterial isolates
 - ❑ 60 colistin-resistant and 40 colistin-susceptible isolates
- ❑ High rate (15%) of false-susceptible results
- ❑ Low sensitivity for colistin heteroresistance in *K. pneumoniae* and *E. cloacae* isolates
- ❑ Good sensitivity to detect plasmid-mediated *mcr-1* gene resistance

Microscan WalkAway system (Beckman Coulter)



□ Sensitivity = 88% for *Acinetobacter* and *K. pneumoniae* isolates



Comparison of the Vitek 2, MicroScan, and Etest Methods with the Agar Dilution Method in Assessing Colistin Susceptibility of Bloodstream Isolates of *Acinetobacter* Species from a Korean University Hospital

Seung Yeob Lee,^a Jong Hee Shin,^a Kyungwon Lee,^b Min Young Joo,^a Kyung Hwa Park,^c Myung Geun Shin,^a Soon Pal Suh,^a Dong Wook Ryang,^a Soo Hyun Kim^a

Evaluation of polymyxin susceptibility profile among KPC-producing *Klebsiella pneumoniae* using Etest and MicroScan WalkAway automated system

LEANDRO REUS RODRIGUES PEREZ^{1,2}

Sensititre system (TREK Diagnostic)

- ❑ Sensitivity = 96% compared to BMD
- ❑ Research use only



Colistin MIC Variability by Method for Contemporary Clinical Isolates of Multidrug-Resistant Gram-Negative Bacilli

Janet A. Hindler, Romney M. Humphries

Automatic systems

- ❑ Sensitivity between 82 and 96%
- ❑ Detection of plasmid mediated colistin resistance ?
- ❑ Low range of colistin concentrations
- ❑ Results between 16 and 20 hours
- ❑ Easy use in routine labs

❑ Dilution methods

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- ❑ Agar dilution method

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Rapid Polymyxin NP test



Test principle :

- ❑ Detection of the glucose metabolism related to bacterial growth in presence of a defined concentration of colistin
- ❑ Formation of acid metabolites evidenced by a color change (orange to yellow) of a pH indicator (red phenol)

Rapid Detection of Polymyxin Resistance in *Enterobacteriaceae*

© Patrice Nordmann, Aurélie Jayol, Laurent Poirel

Emerging Infectious Diseases • www.cdc.gov/eid • Vol. 22, No. 6, June 2016

Rapid Polymyxin NP test



□ Rapid Polymyxin NP solution :

Medium composition

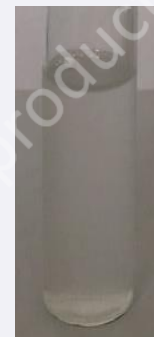
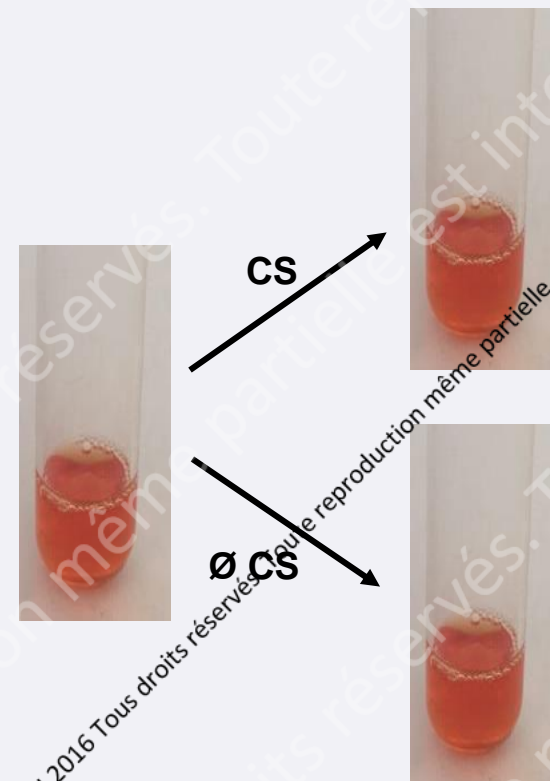
Mueller Hinton Broth Cation Adjusted

Phenol red

Glucose

□ Bacterial inoculum :

Bacterial colonies into NaCl 0.9 %
(density of 3 Mac Farland)



Rapid Polymyxin NP test

- Results at 2 hours

Solution without colistin

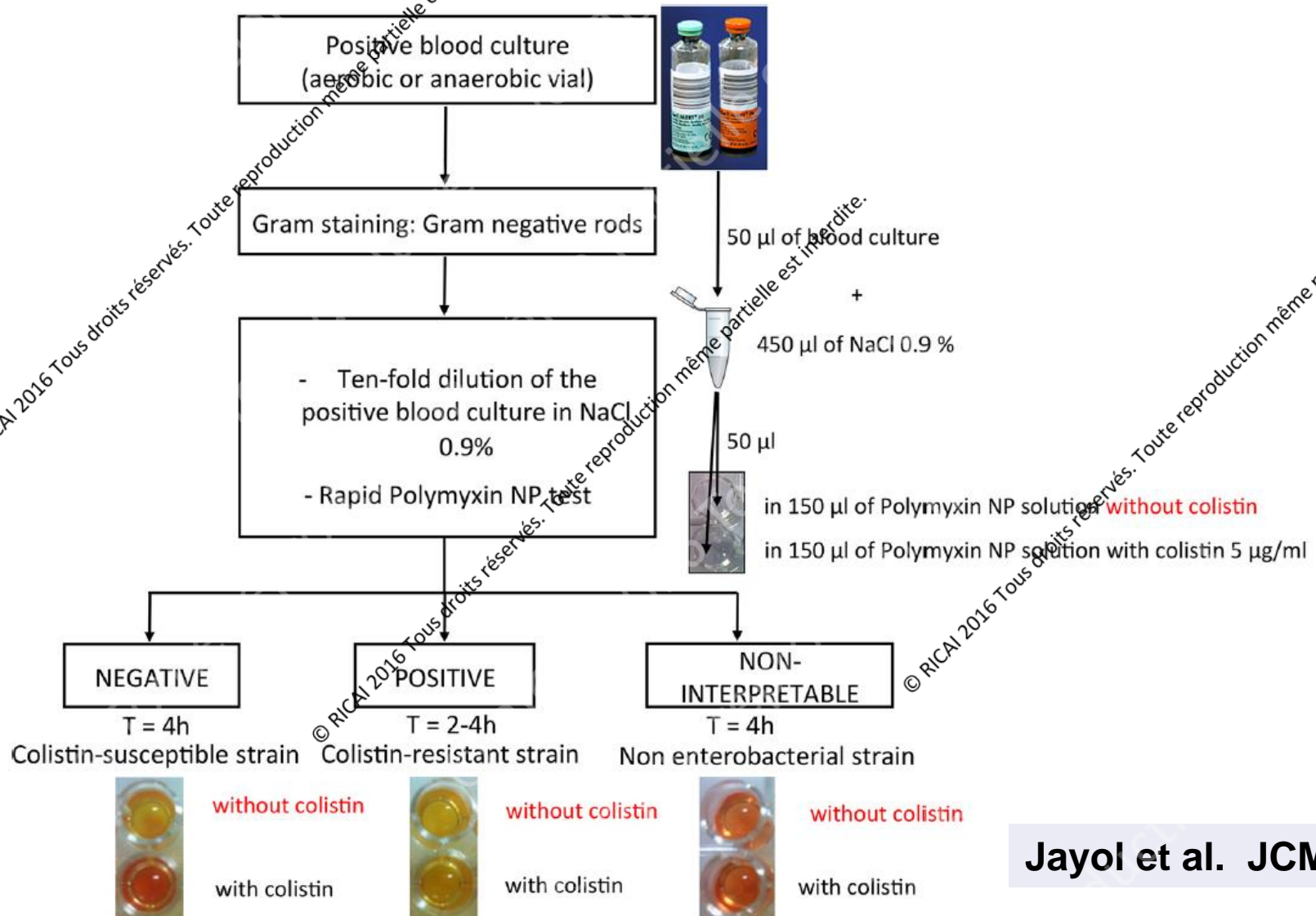
Solution with colistin

NaCl alone	CS S (control -)	CS R (control +)	Strain tested
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➔ The strain tested is resistant to colistin

Rapid Polymyxin NP test directly from blood cultures



Rapid Polymyxin NP test



Advantages of the test :

- ❑ Sensitivity = 99.3% and specificity = 95.4% compared to BMD method
- ❑ Reliable for any enterobacterial species and regardless of the molecular mechanisms
- ❑ Easy to perform
- ❑ Rapid (2 hours from bacterial colonies and 4 hours from blood cultures)
- ❑ Cheap

Rapid Polymyxin NP test



Limits of the test :

- ❑ Visual reading of the color change
- ❑ Not adapted for *Pseudomonas aeruginosa* or *Acinetobacter* spp.
- ❑ Performances to test heteroresistant isolates ?

Rapid Polymyxin NP test

- Rapid Polymyxin NP test commercialisé depuis début novembre par ELITech



Rapid Polymyxin NP test



Large Nosocomial Outbreak of Colistin-Resistant, Carbapenemase-Producing *Klebsiella pneumoniae* Traced to Clonal Expansion of an *mgrB* Deletion Mutant

Tommaso Giani,^a Fabio Arena,^a Guendalina Vaggelli,^b Viola Conto,^c Adriana Chiarelli,^a Lucia Henrici De Angelis,^a Rossella Fornaini,^c Maddalena Grazzini,^d Fabrizio Niccolini,^d Patrizia Pecile,^b Gian Maria Rossolini^{a,b,e,f}

October 2015 Volume 53 Number 10

Journal of Clinical Microbiology

We describe a large hospital outbreak (93 bloodstream infections) of colistin-resistant *Klebsiella pneumoniae* carbapenemase (KPC)-producing *K. pneumoniae* isolates which was mirrored by increased colistin consumption. The outbreak was mostly traced to the clonal expansion of an *mgrB* deletion mutant of an ST512 strain that produced KPC-3.

SuperPolymyxin medium



Screening culture medium containing :

- ❑ EMB agar powder
- ❑ Colistin
- ❑ Daptomycin → inhibition of Gram +
- ❑ Amphotericin B → inhibition of fungi



Journal of
Clinical Microbiology



A Universal Culture Medium for Screening Polymyxin-Resistant Gram-Negative Isolates

Patrice Nordmann,^{a,b} Aurélie Jayol,^a Laurent Poirel^a

Emerging Antibiotic Resistance Unit, Medical and Molecular Microbiology, Department of Medicine, Faculty of Science, University of Fribourg,^a and HFR-Hôpital Cantonal,^b Fribourg, Switzerland

SuperPolymyxin medium



Bacterial colonies on the SuperPolymyxin medium :

- ❑ Distinguish lactose fermenters (colored colonies) of lactose non-fermenters (colorless or light lavender colonies)
- ❑ Lactose positive *E. coli* : characteristic metallic green sheen



E. coli



P. aeruginosa

SuperPolymyxin medium



- ❑ Sensitivity = 100% and specificity = 98%, regardless of the nature of the polymyxin resistance mechanisms and of the level of resistance
- ❑ Growth of colistin-resistant strains in 24h, except some isolates of *P. aeruginosa*, *S. maltophilia* and *Burkholderia* spp. that grow in 24 to 48h

En cours de développement industriel par la société ELITech



SuperPolymyxin medium



National survey of colistin resistance among carbapenemase-producing *Enterobacteriaceae* and outbreak caused by colistin-resistant OXA-48-producing *Klebsiella pneumoniae*, France, 2014

A Jayol¹, L Poirel¹, L Dortet^{2,3,4}, P Nordmann^{1,2,5}

www.eurosurveillance.org

Que fait-on en pratique au CHU de Bordeaux ?



En pratique au CHU de Bordeaux



MARS

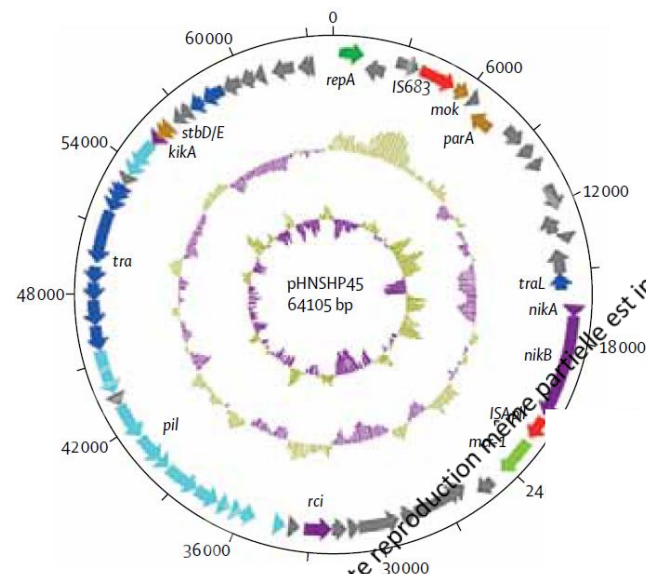
Message d'Alerte Rapide Sanitaire

MINISTÈRE DES AFFAIRES SOCIALES DE LA SANTÉ ET DES DROITS DES FEMMES
DIRECTION GÉNÉRALE DE LA SANTÉ
SOUS-DIRECTION VEILLE ET SÉCURITÉ SANITAIRE

DATE : 02/09/2016

REFERENCE : MARS N°2016_12

OBJET : ENTEROBACTERIES PORTEUSES DU GENE MCR-1 DE RESISTANCE PLASMIDIQUE A LA COLISTINE



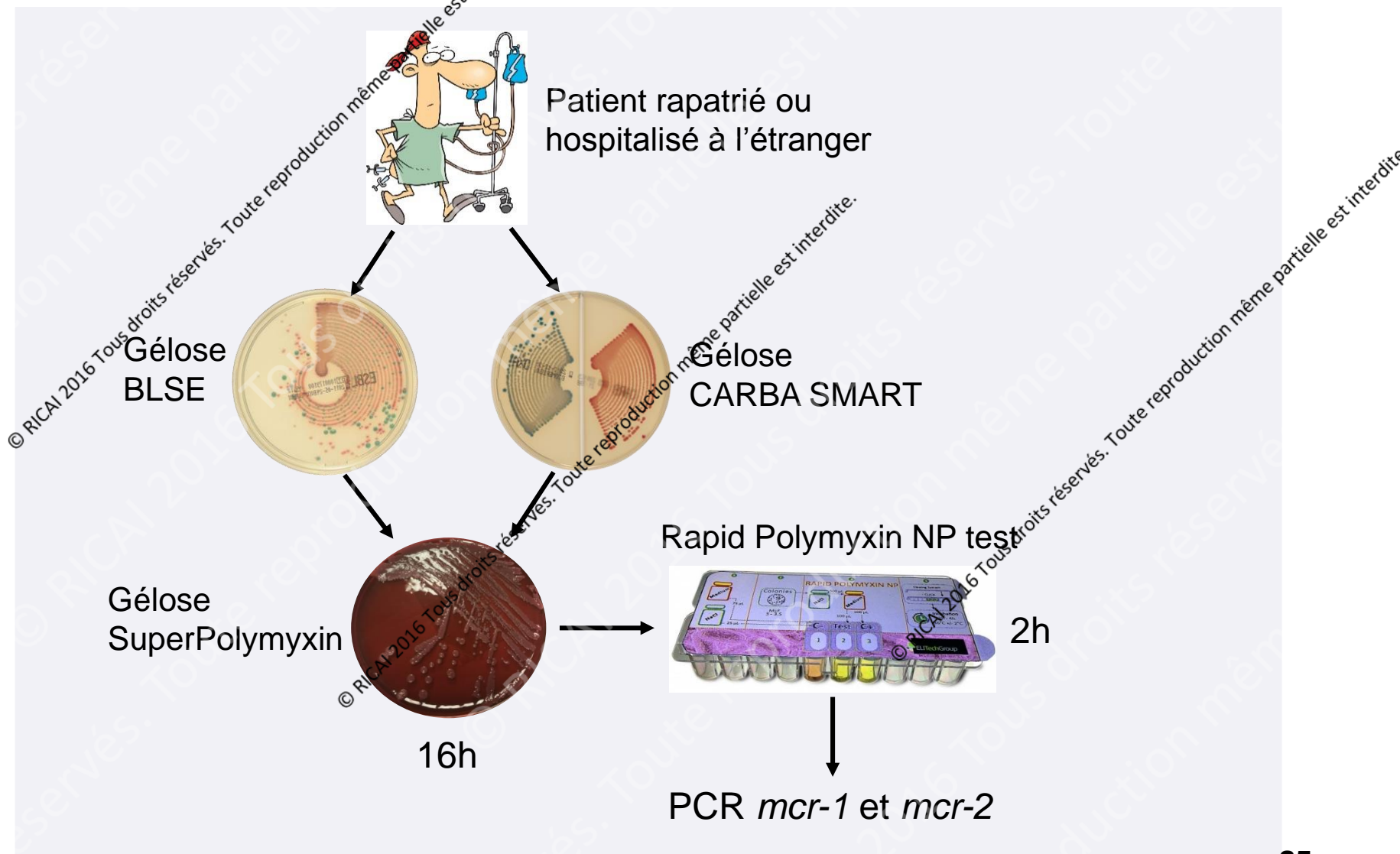
Liu et al, 2015

Dans ce contexte et dans l'attente de recommandations spécifiques à venir du Haut conseil de la santé publique, nous vous demandons :

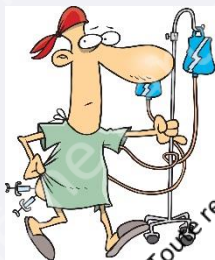
➤ de rechercher une résistance phénotypique à la colistine pour toute entérobactérie :

1. Résistante aux céphalosporines de troisième génération ou aux carbapénèmes, à l'exception des entérobactéries naturellement résistantes à la colistine comme les souches appartenant aux genres *Morganella*, *Proteus*, *Serratia* et *Providencia* ;
2. Et isolée chez un patient rapatrié ou ayant des antécédents récents d'hospitalisation à l'étranger ou dans les départements et territoires d'Outre-Mer ;

En pratique au CHU de Bordeaux

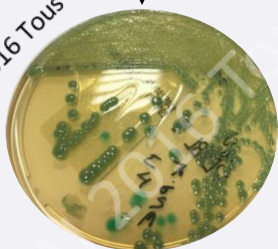


En pratique au CHU de Bordeaux



Mr X, patient rapatrié
du Cambodge

Ecouvillon rectal

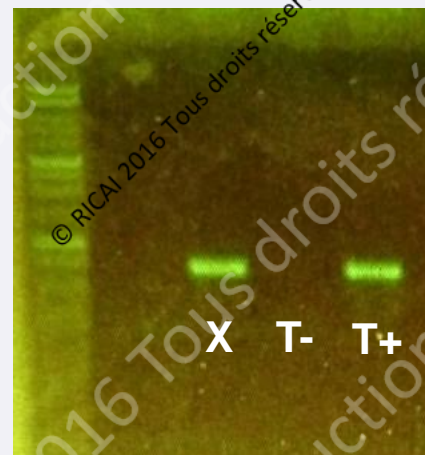


K. pneumoniae sur la
gélose BLSE



Croissance sur gélose
SuperPolymyxin

mcr-1 positif

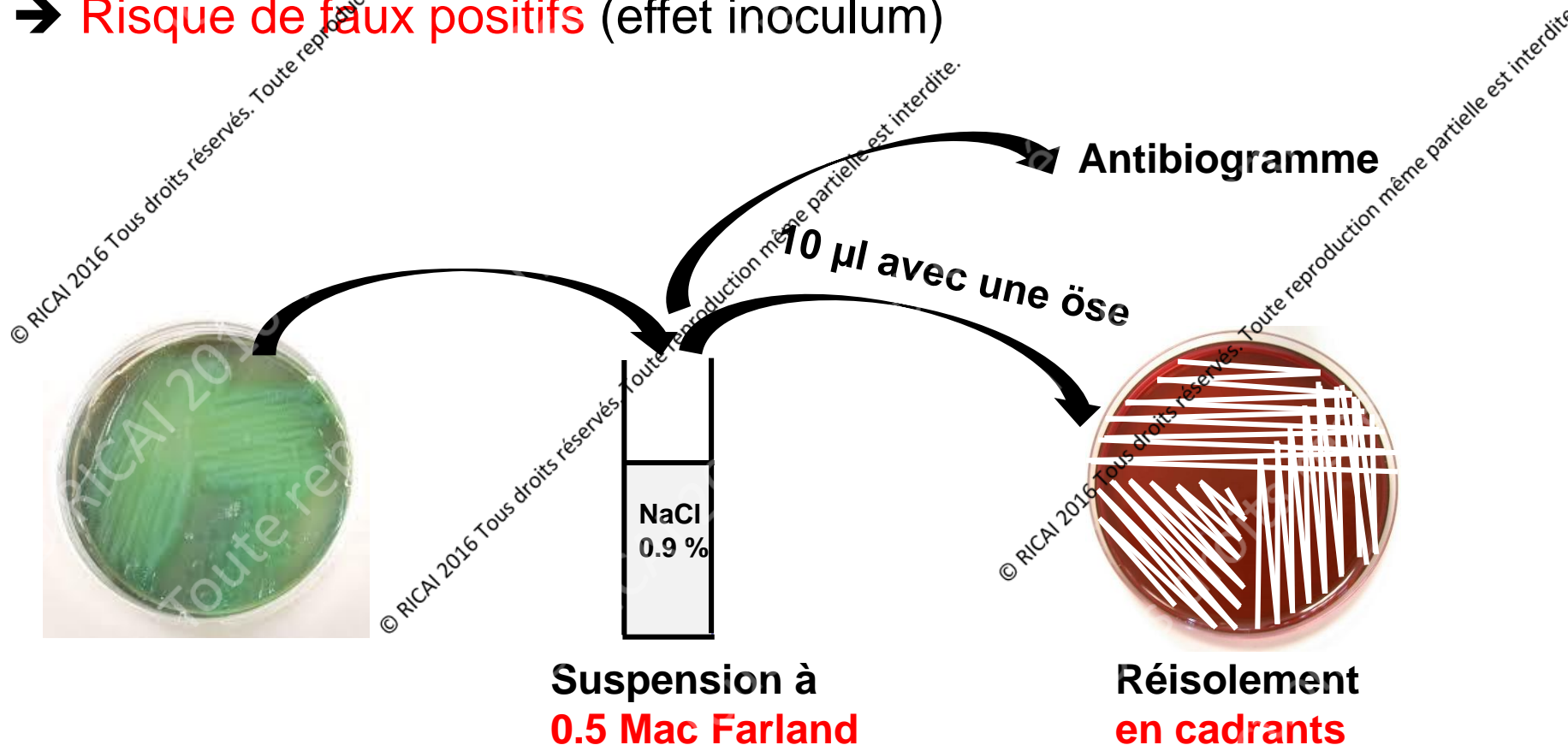


En pratique au CHU de Bordeaux

- ❑ Résistance à la colistine chez *P. aeruginosa*
 - ❑ Retrait des bandelettes E-test du marché
 - ❑ Système Phoenix inutilisable pour tester certains *P. aeruginosa*
- ➔ Réisolement sur gélose SuperPolymyxin

Ensemencement de la gélose SuperPolymyxin

- Ne pas réisoler directement les colonies sur la gélose !!!
➔ **Risque de faux positifs** (effet inoculum)



Lecture à 24h et 48h

Effet
inoculum

Négatif



→ Souche sensible à la colistine

Positif



→ Suspicion de résistance à la colistine
En cas d'utilisation clinique, contacter le
laboratoire pour la détermination des CMI
en milieu liquide

Conclusion

- ❑ Méthode des disques, bandelettes E-test : à bannir
- ❑ Systèmes automatisés et système UMIC : performances à préciser
- ❑ Deux nouveaux outils pour le dépistage rapide et le screening :
 - ❑ Rapid Polymyxin NP test
 - ❑ Gélose SuperPolymyxin
- ❑ Méthode de référence : CMI en milieu liquide

Merci pour votre attention

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